



The City of San Diego
"We Enrich Lives through Quality Parks and Programs"
www.sandiego.gov/park-and-recreation/



Kearny Mesa Recreation Center

FALL FESTIVITIES

September 2015 - November 2015

3170 Armstrong Street
San Diego, CA 92111
(858) 573-1387

City Holidays

Labor Day	Monday, September 7th
Veteran's Day	Wednesday, November 11th
Thanksgiving	Thursday, November 26th



All City of San Diego Parks, Pools
and Beaches are Smoke Free.

STAFF

Mark Moncey	Area Manager II
Kelley Clark	Center Director III
Patty Barajas	GMW II
Joel Mojica	GMW II
Francisco Vasquez	GMW II
Caesar Churchwell	Recreation Leader I
Ana Iglesias	Recreation Leader I
Ashley Ocampo	Recreation Leader I
Tim Thomas	Recreation Leader I
Silvia Villegas	Recreation Leader I



GENERAL INFORMATION

Hours of Operation

Monday	1:00 pm - 7:00 pm
Tuesday	12:00 pm - 9:00 pm
Wednesday	1:00 pm - 9:00 pm
Thursday	12:00 pm - 9:00 pm
Friday	1:00 pm - 7:00 pm
Saturday	9:00 am - 4:00 pm
Sunday	CLOSED

Hours are subject to change without notice.
Closed on all City of San Diego holidays.

Recreation Council

This is a citizen's advisory group made up of involved community members and the representatives of groups that use the facility. These groups of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the Kearny Mesa community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. New membership is encouraged and welcomed. The council meets at 6:00 pm on the fourth Wednesday of each month. No meeting in July, August, and December. Persons interested in making a positive impact or who have concerns about local parks and the recreation center should attend these meetings. Please contact the recreation center office for more details at (858) 573-1387.

Kearny Mesa Facility

The Kearny Mesa Recreation Center has two (2) meeting rooms, a fully equipped kitchen, a game room, a full gymnasium, large playground, lighted outdoor basketball courts, multi-purpose fields, a designated dog park, and two lighted ball fields.

Volunteers

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as senior and therapeutic recreation programs. If you would like to volunteer, please see staff. For more information, visit www.sandiego.gov/park-and-recreation/general-info/volunteers.html or contact the Volunteer Office at (619) 533-4017.

Equipment Check-Out

Sports equipment may be checked out with a personal ID (Drivers License, CA ID, student/school ID, etc.). Keys, phones, headphones, or other items will not be accepted. ID's will be returned when the equipment is returned.

Therapeutic Services

All activities accommodate people with disabilities. Upon availability, Therapeutic Recreational Services staff will provide additional assistance along with recreation staff (a three (3) week notice is required). An assessment will be made to determine if a one-on-one aide is needed. Therapeutic Recreational Services is a city-wide program that provides recreation opportunities for people with disabilities. For more information, or to be placed on their mailing list, please call (619) 525-8247.

Numbers to Know

Linda Vista Recreation Ctr.	(858) 573-1392
Serra Mesa Recreation Ctr.	(858) 573-1408
Linda Vista Library	(858) 573-1399
Kearny Mesa Pool	(858) 573-1389
Police Non-Emergency	(858) 531-2000



**All City of San Diego Parks, Pools
and Beaches are Smoke Free.**

GENERAL INFORMATION

Rules and Regulations

- Alcohol is permitted at Kearny Mesa Park from 6:00 am to 10:00 pm.
- Alcohol is prohibited at Lindbergh Park.
- Bottles, glass containers, balloons, and smoking are prohibited at all City parks.
- All vehicles must park in marked stalls.
- Vehicles are not allowed on the turf, sidewalks, or non-designated roadway.
- It is illegal to use park dumpsters for your household refuse.

Leash Free Dog Park

Located in the back of the park, this one (1) acre fenced "leash free" area is open 6:00 am to 10:00 pm every day. Amenities include grass, doublegated lighted entry, shade trees, and benches. The dog park area is lighted. Note: This is the only "leash free" area in the park. The rest of the park, dogs on leash. For more information, please contact Kearny Mesa Recreation Center. Rules for use are posted on the entry gate.

Dog Etiquette

- Dogs are only allowed off-leash in the designated dog park only.
- When outside of the dog park, keep your dog(s) on their leash and the leash in hand at all times.
- Always pick up after your pet.
- Be sure that your dog is wearing a current license from the County Department of Animal Services.

Park Addresses

Kearny Mesa Recreation Center
3170 Armstrong Street
San Diego, CA 92111
(858) 573-1387

Lindbergh Neighborhood Park
4101 Ashford Street
San Diego, CA 92111

(For information regarding reservations or permits for Lindbergh Park, please contact Kearny Mesa Recreation Center)



Donations

By donating to our park system, you can help the Park and Recreation Department enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatic programs. For more information on becoming a donor to your favorite park, pool, or recreation program, please contact Kelley Clark, Kearny Mesa Center Director at (858) 573-1387.

Park and Field Reservations

Permits are required to reserve a meeting room, athletic field, and a passive park space, or to place special equipment on park property (i.e. fun jumps, large canopies, etc.) for your group or organization. All groups larger than 50 people require a permit.



*Just a Reminder, Public Defibrillators
are located at all Recreation Centers
in the City of San Diego.*

PERMIT/CLASS INFORMATION

Permit Processing

Permits will only be accepted with a scheduled appointment, which may be made with the Center Director. Permits must be filed ten (10) working days before an event. To schedule an appointment, please contact the Center Director at (858) 573-1387.

Class Registration

Registration is on a first come first serve basis. Fees are payable at the time of registration. All classes are subject to change or cancellation. There will be no refunds after the first class. Class fees are not prorated or discounted after the beginning of the session. Classes are subject to minimum enrollment. Registration days and times are subject to change without notice.

Registration Days & Times

Tuesdays	4:00 pm - 7:00 pm
Wednesdays	4:00 pm - 7:00 pm
Thursdays	4:00 pm - 7:00 pm

Payment Information

All payments for permits and class registrations may be done in cash (exact amount), check or credit card.

Insufficient Funds

A minimum fee of \$25.00 will be charged for all returned checks.

Refund Policy

All requests will be reviewed on a case by case basis. A Refund Request Form must be submitted prior to the first class. No partial refunds or make-ups for missed classes.

Independent Contractors vs. Permit Holders

The Kearny Mesa Recreation Center offers a wide variety of programs for the youth which are provided through the means of three different sources: in-house programs (run by City staff), contractual programs and rental programs. Contractual programs consist of independent contractors that have been approved by the Kearny Mesa Recreation Center Council as a sponsored program. Rental programs are commercial companies that rent out the facility to offer their programs and activities for the community. Please see below for specified requirements.

Requirements for Independent Contractors

All contractors, sub-contractors, and volunteers must be fingerprinted through the City of San Diego Live Scan Process. Contractors must submit a business license and proof of insurance. City staff handles all registration for the program Contractors, who must provide Worker's Compensation coverage for all their employees.

Requirements for Permit Holders/Rental Programs

Must provide proof of insurance plus endorsement page(s). Must provide own advertisement for program. Handles registration for their programs. Rental programs are **NOT required to submit proof of fingerprinting** for their coaches, volunteers and/or instructors.



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parks and programs*

REGISTRATION INFORMATION

Online Registration Information

You may register online for all contractual and recreation programs offered by the Recreation Council using the Online Activity Registration System.

Log onto: www.SDRecConnect.com

Returning Customers

(previously registered for classes on-line)

Click the "My Account" button. Enter your Login (email) and password. Log in with this password to activate your account.

First Time On-line Users

New Accounts

Click on the "Create Accounts" button. Fill out the New Account request form completely. Include all required fields (i.e. birth date, gender, email address, etc.) and click submit. Please submit your request **ONLY** once. You will receive a confirmation email at the email address that you provided. Please follow directions provided to activate account.



PLEASE NOTE (for first time users only):

Parents/guardians MUST create their own account first (before creating an account for a child) using their own information.

Once you have created an on-line registration account, you will have an opportunity to add a child/children, spouse/partner as a family member.

Class Numbers

When registering online, please be sure to check the listed class number for each program, and use them for easy reference. Please be advised, class numbers will change each quarter.

FAQ's

If you need assistance during any of this process, please click the FAQ's (Frequently Asked Questions) button for information.



Effective September 8, 2015, all customers will be charged a \$2.00 Transaction fee for all online registration and reservation transactions. Additionally, a 3% credit card fee will be applied when a credit card is used to process payment. For in-house registrations, a \$2.00 Transaction fee will be charge for every transaction. Rates are established by the service provider and are nonrefundable.

Registration/Reservation Transaction and Credit Card Fees

A Transaction Fee and a Credit Card Fee is charged to customers who use credit cards (or other electronic payment mechanism) for registrations and reservations. Rates are established by the service provider and are nonrefundable. Current rates are listed below.

<u>Fee Description</u>	<u>Previous Fee</u>	<u>Approved Fee</u>
Transaction Fee	N/A	\$ 2.00/Transaction
Credit Card Fee	N/A	\$ 3% of Total Charges

Kearny Mesa Youth Programs

Kajukenbo

(Independent Contractor)

Kajukenbo is a modern self-defense martial art style that combines techniques from Karate, Judo, Jujitsu, Kenpo and Boxing. Kajukenbo is an effective all around self-defense martial art that is practical and well respected in the martial arts community. All students training in Kajukenbo will learn discipline, respect, concentration, balance, coordination, and agility, just to name a few. Kajukenbo is a great class for all ages and ability levels. Sifu/Maestro Scott Berry.

BEGINNER

Age: 4 - 10 years old
Days: Monday
Time: 6:00 pm - 7:00 pm
Dates: September 14 - October 12
Class #: 17968
Dates: October 19 - November 16
Class #: 17991
Fee: \$30.00

INTERMEDIATE/ADVANCED

(Instructor Promotion Only)

Age: 5 - 17 years old
Days: Wednesday
Time: 6:00 pm - 7:00 pm
Dates: October 21 - November 25
(No class November 11)
Class #: 17993
Fee: \$30.00

**Upcoming Winter
Programs**

Youth Basketball

Candyland

Toys for Tots

City Dance Classes

The City of San Diego Park and Recreation Department Civic Dance Arts currently conduct dance classes for children at the Kearny Mesa Recreation Center. Tap and Jazz are offered

Cost: \$41.00/per session
Days: Wednesday
Dates: September 30 - December 9

Pre-Tap

Age: 4 - 5 years old
Time: 3:00 pm - 3:45 pm
Class #: 16669

Beginning Tap 1A

Age: 6 - 17 years old
Time: 3:45 pm - 4:30 pm
Class #: 16702

Beginning Jazz 1A

Age: 6 - 17 years old
Time: 4:30 pm - 5:15 pm
Class#: 16703

Intermediate Tap 3B (Instructor Promotion Only)

Age: 6 - 17 years old
Time: 5:15 pm - 6:00 pm
Class #: 16704

Intermediate Jazz 3B (Instructor Promotion Only)

Age: 6 - 17 years old
Time: 6:00 pm - 6:45 pm
Class #: 16705

Advanced Intermediate Jazz 4B (Company Level)

Age: 6 - 17 years old
Time: 6:45 pm - 7:30 pm
Class #: 16701

Advanced Intermediate Tap 4B (Company Level)

Age: 6 - 17 years old
Time: 7:30 pm - 8:15 pm
Class #: 16700

For more information on specific start times of classes, please visit www.civildancearts.org or call 619-235-5255.



Kearny Mesa Youth Programs

Kidz Love Soccer

(Independent Contractor)

Mommy/Daddy & Me

These classes are a fun and positive introduction to soccer for our youngest players and their parents. You will participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities are played each week, and adult participation is required.

Age: 2 - 3 1/2 years old
Days: Wednesday
Time: 5:45 pm - 6:15 pm
Dates: September 16 - October 14
Class #: 17997
Time: 3:00 pm - 3:30 pm
Dates: October 28 - December 2
(No class November 25)
Class #: 17999
Fee: \$58.00

Tot/Pre-Soccer

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.

Age: 3 1/2 - 5 years old
Days: Wednesday
Time: 5:00 pm - 5:35 pm
Dates: September 16 - October 14
Class #: 18144
Time: 3:40 pm - 4:15 pm
Dates: October 28 - December 2
(No class November 25)
Class #: 18145
Fee: \$58.00



Soccer 1

Players will learn dribbling, passing, receiving, shooting, and age-specific defense. Fun skilled games are played at every session, and every participant will have a ball at his or her feet. Well-suited for the first-time player, while being fun and engaging for kids who already have soccer experience. Small-sided soccer matches will be introduced gradually where they will learn more about teamwork and playing as part of a group. Shin guards are required after the first meeting.

Age: 5 - 6 years old
Days: Wednesday
Time: 4:15 pm - 5:00 pm
Dates: September 16 - October 14
Class #: 18146
Dates: October 28 - December 2
(No class November 25)
Class #: 18147
Fee: \$58.00



Guitar Lessons

(Independent Contractor)

Guitar is a fun and popular instrument to play. These classes are designed to teach beginning students to strum along with favorite songs and to play simple melodies. No previous musical knowledge is needed. Students are responsible for providing their own guitar.

Age: 9 - 17 years old
Days: Tuesday
Time: 6:00 pm - 7:00 pm
Dates: September 15 - October 13
Class #: 18892
Dates: October 20 - November 17
Class #: 18893
Fee: \$30.00

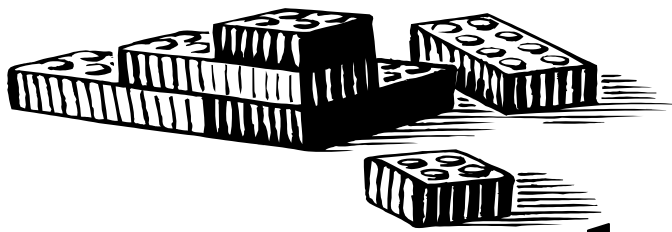


Kearny Mesa Youth Programs

LEGO Club

Come join our LEGO Club! The Kearny Mesa Recreation Center is offering a LEGO building program. This is designed for kids ages 7 to 11, to encourage creative thinking and imagination. We will use our imagination to create a wide variety of fun things (i.e. castles, robots, playgrounds, amusement parks, etc.). The first hour will be design time, where everyone can work on their very own project. During the second hour, we will divide into teams and create a dream project together!

Days: Friday
Time: 4:30 - 6:30 pm
Dates: September 18 - November 6
Age: 7 - 11 years old
Class #: 18148
Cost: \$25.00



Hey Folks!

If you have any ideas for new and exciting programs that we can offer, please drop your suggestions off at the Recreation Office.

If you have a special skill or talent that you would like to share with everyone, as an instructor, please drop off your resume and class description at the Recreation Office.

The Kearny Mesa recreation staff is always looking for new instructors and programs!

Flag Football

The youth flag football program is designed to develop and enhance players' fundamental skills on passing, catching and defensive ability in a friendly and team oriented environment. The program is for children ages 8 to 16 years old, and teams are divided into age divisions. All players will be playing a minimum of 10 plays or downs per game. Qualified teams will get a chance to participate in the City Wide tournament hosted by the S.P.O.R.T.S. Committee at the end of the season. This league is for all skill levels. Games held on Saturday.

Days: Tuesday
Time: 4:00 - 5:30 pm
Dates: September 18 - November 6
Age: 8 - 10 years old
Class #: 18149
Cost: \$25.00

Days: Wednesday
Time: 4:00 - 5:30 pm
Dates: September 18 - November 6
Age: 11 - 12 years old
Class #: 18150
Cost: \$25.00

Days: Thursday
Time: 4:00 - 5:30 pm
Dates: September 18 - November 6
Age: 13 - 14 years old
Class #: 18151

Proof of Age (birth certificate, government issued ID, passport, school report card, etc.) is required to verify age of participant. Please bring the Proof of Age document to the recreation center at your earliest convenience, so that staff may verify the age of the participant, otherwise the participant will be ineligible to participate in post-season play.



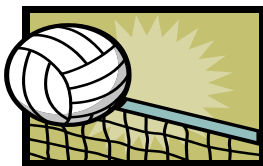
Kearny Mesa Adult Activities

Open Play Gymnasium Hours

Open Play Volleyball

Thursday 6:00 pm - 9:00 pm

Open play schedules are subject to change without notice. Facility is closed on all City of San Diego holidays.



Time To Play



Open Play Basketball

Monday	1:00 pm - 5:00 pm
Tuesday	12:00 pm - 6:00 pm
Wednesday	1:00 pm - 6:00 pm
Thursday	12:00 pm - 4:00 pm
Friday	1:00 pm - 5:30 pm
Saturday	11:00 am - 4:00 pm
Sunday	CLOSED

Open play schedules are subject to change without notice. Facility is closed on all City of San Diego holidays.



All City of San Diego Parks, Pools
and Beaches are Smoke Free.



BookNook

For
Children and Adults

This is a new program for the entire community. A free lending library for everyone. Patrons are asked to drop off books they no longer want or need. Those books are then made available to anyone.



There is no time limit (unlike the regular library) and no limit on how many books you can take. Books can be checked out during center operating hours. Contact Kearny Mesa Recreation Center for additional information.

*Take a book
Leave a book
Everyone
Wins!*



Those books are then made available to anyone. There is no time limit (unlike the regular library) and no limit on how many books you can take. Books can be checked out during center operating hours.

Kearny Mesa Adult Activities

Convair / 220 Amateur Radio

The Convair Amateur Radio meets once a month at Kearny Mesa Recreation Center to further the ex-change of information and cooperation between members, to promote radio knowledge, fraternalism and individual operating efficiency, and to conduct club programs and activities as to advance the general interest and welfare of Amateur Radio in the community, with an emphasis on emergency communications. General public welcome.



Days: Second Thursday of every month
Time: 7:00 pm - 9:00 pm



Vavi Adult Softball League**

For more information, please call (858) 273 - 3485

WAKA Kickball**

For more information, log onto: Kickball.com

California Soccer League**

For more information, please call (619) 247-4910

For more information, log onto

Californiasoccer.com

Ladies Gaelic Football**

For more information, log onto:

nafianna.com

KMAC Adult Softball**

For more information, please call (760) 855-9713

KMACSoftball.com

Kearny Moto Park**

For more information, please call (619) 561-3824

Kearny Mesa Little League**

For more information, please call (619) 417-4384

**The City of San Diego neither sponsors nor endorses these permitted organizations or this information or activities. Distribution of this material is provided by the City as a community service. Any questions or comments should be directed to the sponsoring agency or instructor.

Senior Ceramics Club

Ever wanted to let your creative side out? Bring your green ware, paints and brushes to the Kearny Mesa arts & crafts room and do just that! Enjoy working with other seniors who create beautiful projects. There are hundreds of molds to choose from, to pour your own green ware. There is storage for the different stages of your ceramic projects, and a kiln to fire in. You can also work on other crafts while enjoying the company of other seniors.

Days: Tuesday and Thursday

Time: 12:00 pm - 4:00 pm

Guitar Lessons

(Independent Contractor)



Guitar is a fun and popular instrument to play. These classes are designed to teach beginning students to strum along with favorite songs and to play simple melodies. No previous musical knowledge is needed. Students are responsible for providing their own guitar.

Age: 18 and older

Days: Tuesday

Time: 7:00 pm - 8:00 pm

Dates: September 15 - October 13

Class #: 18894

Dates: October 20 - November 17

Class #: 18895

Fee: \$30.00

Age: Seniors

Days: Wednesday

Time: 10:30 am - 11:30 am

Dates: September 16 - October 14

Class #: 18896

Dates: October 21 - November 18
(No class November 11)

Class #: 18897

Fee: \$30.00





Fun and exciting opportunities await families to explore and hike the trails of both local and regional City of San Diego hiking trails of all levels of challenges with and without the professional guidance from Park Rangers.

April 1 to October 1, 2015

Admission is Free

A Passport obtainable from the nearest recreation center to document the visits to all the sites will be available to all participants who, at the end of the program, may qualify for award certificates and souvenir t-shirt.

For tour dates & times, please visit/call your local recreation center or go to <http://www.sandiego.gov/park-and-recreation/centers/index.shtml>

32nd Street Canyon
Black Mt. Open Space
Balboa Park
Carmel Mountain Preserve
Chollas Lake
Chollas Radio Canyon
Kate Session Community Park
Manzanita Canyon
Marian Bear
Mission Trails

Navajo Canyon
Otay Valley Regional Park
Penasquitos Creek
Neighborhood Park
Rancho Mission Canyon
Rose Canyon
Ruffin Canyon
Tecolote Nature Center
Western Hills Neighborhood Park



2-mile Fun Run

&

1-mile Walk

Saturday, October 24, 2015 8:00 am (Check-in 7:30 am)

Come join us for a fun-filled morning as we walk or run around the park, enjoying nature at its best. A designated cross-country run and walk (pavement and hilly grass surface) is the course design, enabling all participants a great workout. Strollers are welcome. All pre-registered participants will receive a T-shirt, with the event logo and date. There will be vendors, and medals for the winners (men's, women's, youth). No dogs allowed during the walk or run. Runner/walker bibs available for pick-up at check-in.

No day-of-event registration taken
No unregistered participants allowed

No alcohol at the event

Pre-registration must be completed by October 17, 2015 for t-shirts.

2-mile Fun Run

\$20.00

Men's Class # 18898
Women's Class # 18899
Youth Class # 18900

1-mile Walk

\$20.00

Men's Class # 18901
Women's Class # 18902
Youth Class # 18903

Be a Winner...
Take a Stroll or
Run in the Park



Don't Forget About...



Registration
October 1 - October 31, 2015
for children
0 to 12 years old

Children ages 12 years and younger may participate in the United States Marine Corps Reserve Toys for Tots program. To register, come to the Kearny Mesa Recreation Center October 1 - November 1 and between 4:00 pm and 7:00 pm. Parents or guardians may sign up all the children that will be receiving toys. Please remember to bring a valid Social Security card for each child (for verification).

Any family qualifying for government assistance qualifies for the program. Please bring qualifying verification for program admission.

Distribution Dates: Thursday, December 17, 2015
5:00 pm - 8:00 pm
Saturday, December 19, 2015
10:00 am - 3:00 pm

All dates subject
to change



Upcoming Event...



CANDYLAND



2 - 11

Years Old



Saturday

December 12, 2015

11:00 am - 2:00 pm

\$2/per child (pre-sale)

(Pre-sale ends Wednesday, December 9)

\$3/per child (day of event)

**All purchases must be done at the Recreation Center
No on-line registration**

**This is a fun event, where the board game
“Candyland” is blown up life-size and the children
are the playing pieces going through Peppermint
Forest, Lollipop Fields, Gumdrops Mountains, and
King Kandy’s Castle, plus many others!**



**There will be free crafts and
every child gets to see
Santa Claus!**

Santa’s Workshop sponsored by Home Depot

